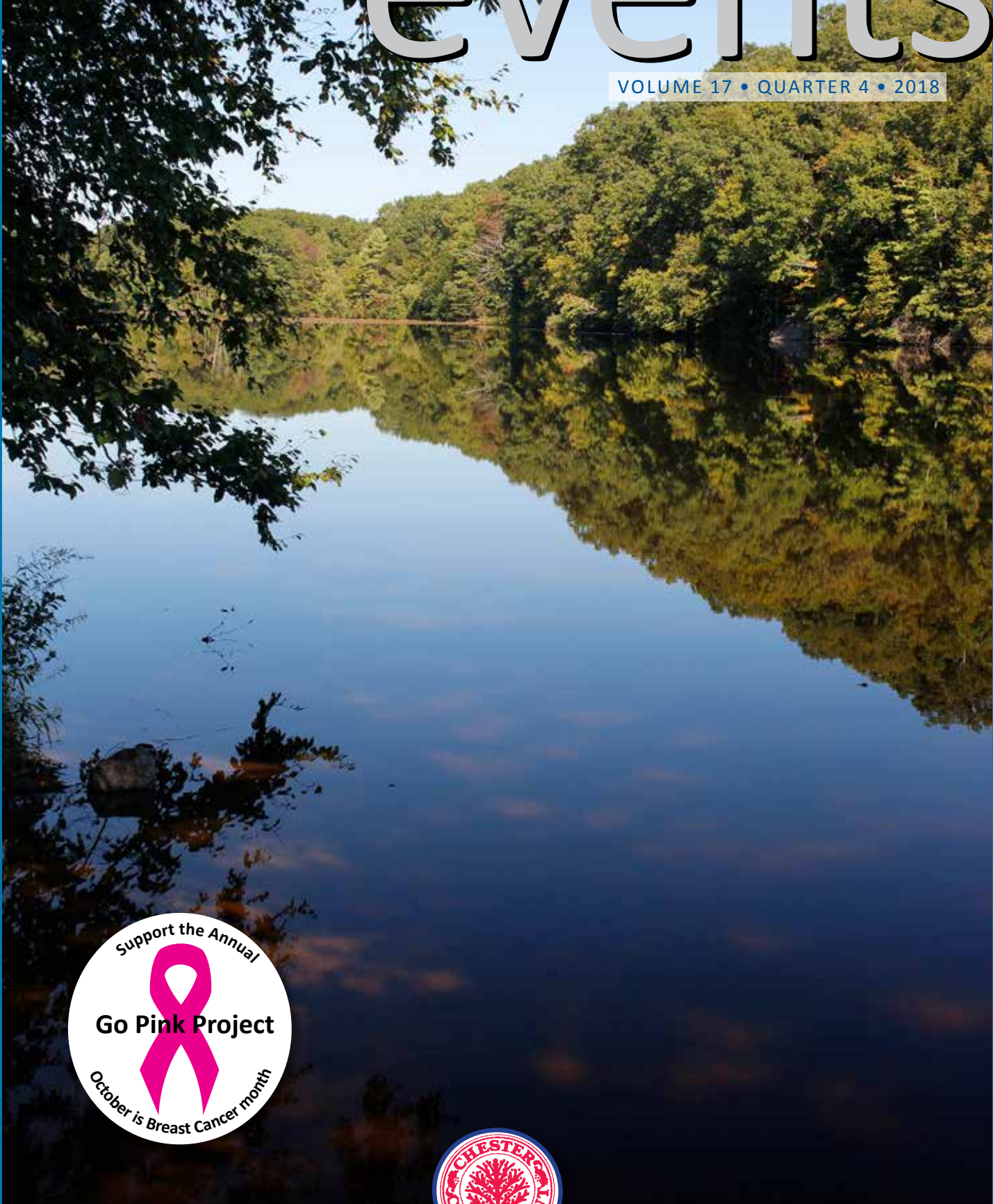


Chester events

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First Selectwoman's Corner

Hello Chester!

Happy Fall of 2018! On the plus side, the kids are back to school, the apples are ripe, football is back at Valley Regional and there is literally a fun local event every weekend to keep us having fun! On the other hand, I am probably not the only one sad to see it getting dark earlier every day... thank you again for being such a great community and letting me work every day on your behalf. We have a lot going on and are always looking to serve you better. Here are some important things to note:

STRATEGIC PLANNING

We are about to enter the final phase of our update of the Plan of Conservation and Development (POCD). A second survey is in process and I expect that a draft of the updated plan will be presented to the Planning and Zoning Commission by the end of October. They will then work to edit the document so that it reflects the wishes of you, the residents, and to make sure that it is in compliance with the State of Connecticut Plan.

Several special meetings of the Commission will be held to work through these pages, followed by a public hearing in February for final comments and corrections. The final revised document is due by mid-March, in keeping with the 10 year deadline. The end result will be an updated and restructured POCD, our statutorily

required guidance document for future planning. In the meantime, the Board of Selectmen, Board of Finance and other volunteers will be working to fashion a comprehensive Town Plan with criteria to link the goals of the POCD with the financial planning elements necessary to prioritize projects and bring them to fruition. These are YOUR documents – all meetings are public. Please watch the Townwide email, the town website (www.chesterct.org), and the POCD planning website (www.weknowwhereitis.com) for relevant dates and times.

Please participate – we need everyone's input!

HOW DO YOU GET INVOLVED?

We are currently discussing ideas for enabling and encouraging more people to participate in the business of our town. The Board of Selectmen are looking at the current methods for elections and appointments to Boards and Commissions specifically. Current procedures are focused on the two party system, with Town Committees referring candidates to the municipal ballot and to the Board of Selectmen for appointment.

continued on page 3



Lauren Gister,
First Selectwoman

An advertisement for Saybrook Country Barn Apparel. It features a group of six women of diverse backgrounds and ages, all smiling and dressed in fashionable, casual attire. The text "FIT IS EVERYTHING" is prominently displayed in a serif font. Below it, the "NYDJ LOS ANGELES" logo is visible. At the bottom left, the "Saybrook Country Barn APPAREL" logo is enclosed in a dark blue box. At the bottom right, the store's address, phone number, and website are listed: "2 Main St. Old Saybrook, CT | 860.388.0891 | www.saybrookcountrybarn.com".

events

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18 Industrial Park Road, P.O.Box 205
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
email: print@essexprinting.com
www.essexprinting.com

PUBLISHER

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LAYOUT & AD DESIGN

Kathy Alsop
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First Selectwoman... continued from page 1

Part of our discussion is focused on the reasons residents do not get involved. These reasons may vary widely – is it because from the time of many meetings conflicts with dinner and small children's bedtimes? That residents are just too busy with the regular working lives? The necessity to "run" for office on the municipal ballot? Confusion about how to start? We would really like to hear from you as part of our investigation. Please email or call my office if you have opinions and/or suggestions. We are hoping to be able to make some positive improvements in this arena soon.

EMERGENCY COMMUNICATIONS

Hurricanes. Tornados. Snowstorms. Our sympathy and best wishes go to those in the Carolinas dealing with the aftermath of Hurricane Florence. Last March we had our own experience with extended power outages and impassable roads on a thankfully less deadly level. As we discover again every year, communication during emergency weather events is difficult. My office has worked with the police, Chester Hose Company and our Emergency Management Director to institute plans and procedures for communicating with Chester residents during these events. Last year alone we changed our Townwide email platform so that we could

send communications from any computer with internet access, upgraded our ability to have wireless communication during power outages, and updated our ability to send emergency health and safety messages through Everbridge to individual cell phones and email addresses. We also post emergency messages and instructions on television and radio news stations, our town website and Facebook page. None of these communication methods will work,

however, without you. Please help our Townwide communications get to you by doing the following:

Call or email Jenny at the Selectman's office and ask to be put on the Townwide email list and get instructions to go online and sign up for Everbridge alerts. If you are not comfortable with the internet, but have a phone that you would like to enter for emergency communica-

tions, we will help you to get entered into the Everbridge system for emergency calls.

Our goal is to keep our residents informed and safe during times of emergency. Thanks for your attention to this in advance of any emergency.

Have a wonderful fall – I hope to see everyone at one of our fun local fall events!

Lauren

Middlesex Hospital: Detecting and Treating Breast Cancer

Middlesex Hospital is using new technology and techniques to help Connecticut women.

Early detection is very important when it comes to breast cancer, the most common cancer in women in the United States, and Middlesex has invested in technology that allows for more complete imaging.

Traditionally, women have received 2D mammograms, but it can be difficult to detect potential cancers while they're still small and most treatable using these 2D images. That's why Middlesex Hospital uses 3D mammograms. These 3D images enable Middlesex radiologists to examine each layer of tissue more closely and from angles previously unavailable, resulting in a 40 percent increase in invasive breast cancer detection.

In addition, Middlesex is the only hospital in New England to offer dual-headed molecular breast imaging, which uses a radioactive tracer to better detect breast cancer cells. Molecular breast imaging is often used in conjunction with mammograms to give patients the best possible chance at early detection.

While early detection is certainly key, how breast cancer is treated is also important, and Middlesex is always looking to improve outcomes for its patients. To that end, Middlesex recently began using the Deep Inspiration Breath-Hold Technique, which helps to keep radiation away from the heart for women receiving treatment for cancer in their left breast.

For more information on Middlesex Hospital's breast program, visit <https://middlesexhospital.org/breastcare>.

Visit our website at
www.chesterct.org

We hope you will find it to be a useful tool to find updated information and explore our wonderful community.



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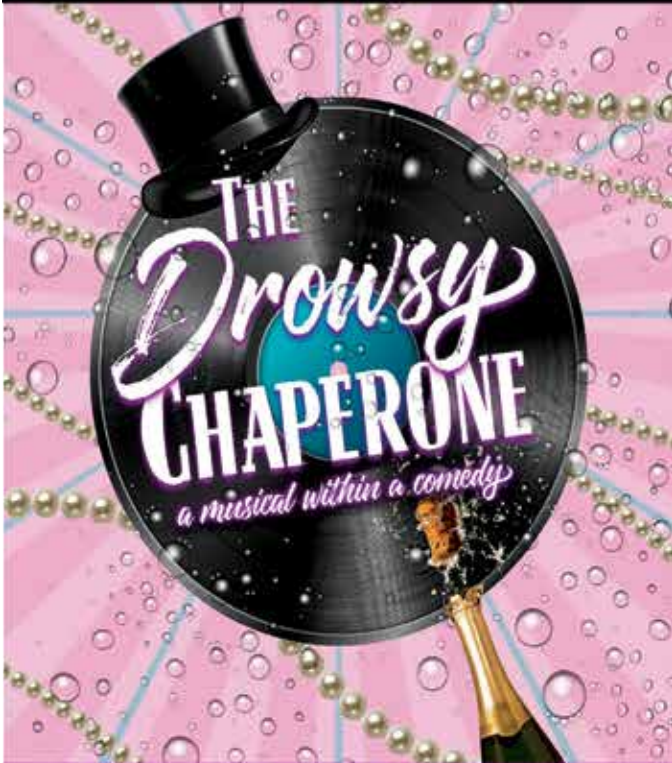
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Election - November 6th

The next election will be November 6, 2018. The polls will be open from 6 am – 8 pm on the 2nd floor of Town Hall. This is an election for Governor and Lieutenant Governor, Representative in Congress, State Senator, State Representative, Secretary of the State, Treasurer, Comptroller, Attorney General, Judge of Probate and Registrar of Voters.

The last day to register to vote in this election is Tuesday, October 30, 2018. Election Day Registration will be available on November 6 in the registrars' office for residents who did not register by October 30. Residents will be required to provide a form of identification and proof of residential address. Registration can be done in person at Town Hall during regular hours, by mail, or online with the Secretary of the State's website <https://voterregistration.ct.gov/OLVR/welcome.do>.

You can check your registration online at <https://portal.dir.ct.gov/sots/LookUp.aspx> or by calling our office at 860 526 0013 ext 211. If you wish to vote by Absentee Ballot, applications can be picked up in the Town Clerk's office. Or obtained online at <https://portal.ct.gov/-/media/sots/ElectionServices/ElectForms/electforms/aabengpdf.pdf?la=en>.

The Registrar of Voters office is on the 2nd floor of Town Hall. Our office hours are most Thursdays from 2-4 pm. We can be reached by phone at 860 526 0013 ext 211 or by email at registrar@chesterct.org.

Town Clerk

If you are going to be out of Town for the November 6, 2018 election and are a registered voter, you can get an absentee ballot from the Town Clerk's office. There is an application process first and then we can give you the absentee ballot.

Debra Germini Calamari, Chester Town Clerk

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*Come visit us & see for yourself!
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goPINK Project Supports Women Facing Breast Cancer this October

You can support women facing breast cancer in our community this October through the goPINK Project! Since 2010, local businesses, salons, schools and teams have raised over \$185,000 to help cover the

costs of integrative medicine therapy for over 1,000 patients at Middlesex Hospital Cancer Center. Integrative medicine is a complement to conventional cancer treatment that focuses on the whole person – mind, body and spirit. Patients choose from yoga, Reiki, massage, reflexology, meditation and more, which are available at Middlesex Hospital Cancer Center in Middletown and Westbrook.

This year, Middlesex Hospital Shoreline Medical Center, 250 Flat Rock Place, will

host food trucks every week in October from 11 am to 3:30 pm and will donate a percentage of sales to goPINK, including: Taco Pacifico (October 12), Lenny & Joe's Lobster Truck (October 18) and Chris' Dog House (October 22). And don't forget the goPINK Shoreline Party, taking place at the Scotch Plains Tavern (October 23) from 5:00 to 7:00 pm (tickets sold at Scotch Plains Tavern). To learn more about the month of activities visit gopink-project.com.

Annual Walk for Vista

The annual WALK for Vista fundraising event hosted by Vista Life Innovations - a post-secondary program supporting the personal success of individuals with disabilities - returns to Madison Oct. 28. Open to people of all ages and abilities, the walk takes participants through Madison's beautiful downtown and coastal neighborhoods. This dog-friendly event also features raffle giveaways, team prizes and entertainment.

Members of the community are invited to participate in this impactful event benefitting Vista's programs and services, as well as the Ed Gallant Scholarship Fund, which provides scholarship

opportunities to Vista students and members.

To register for the WALK, visit www.vistalifeinnovations.org/walk. All participants receive a WALK for Vista T-shirt.



For questions about the event, contact Malley O'Shea at 860-399-8080 ext. 227 or moshea@vistalifeinnovations.org.



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Observations of a Tax Collector

It amazes me each August that so many people forget to pay their JULY taxes. This August, we had to mail out 79 delinquent Real Estate (RE) bills & 545 delinquent Motor Vehicle (MV) bills & luckily only 59 delinquent Personal Property (PP) bills. That is approximately 15% of the PP & just a bit lower for the MV ones at 13% & much less for the RE bills at 4%. Of the 79 RE, 26 are people working on their older bills first, so technically, 53 forgot to pay their RE bills or couldn't for one reason or the other. I wish I could figure out a way to be sure no one forgets again. I guess after 15 years of being the Assistant in Deep River, and now over 9 years being the Tax Collector in Chester, if I haven't been able to figure it out yet, I probably never will.

But to help you not miss paying in January, when it is much easier to forget because there is no bill at that time, & we are all busy with the different holidays, try to fill out this reminder sheet & send it by mail or email. Then, we will try to personally remind you about the January installment. We can't do it in July since we are much busier in that first collection time frame. If you have already sent an email address for us to contact you, then just drop us an email to verify that we have it. Or, fill out the form again, to guarantee we have it, & we will start

to remind anyone on our REMINDER list by email on or near the 15th of January if the real estate bill is not paid by then. Or, we will start calling if we just have your phone number near the 22nd of January, so maybe we can help more people avoid the 3% interest (since it is by state statute 1% from due date which would be January 1st and 1% for February if the postmark is Feb 2nd or later). Here is the form... but a blank paper with the info on it would work also & just send it to Tax Collector PO Box 314 Chester, CT 06412 or email to TaxCollector@chesterct.org Maybe I can observe a much lower number or zero forgetfulness this February!

This is for RE or business PP bills that have a January installment.

Madaline Meyer, Tax Collector

Name _____

Address – RE/PP bill that needs the reminder

Phone # _____

Email address _____

Looking for some Holiday Cheer?

Looking for some holiday cheer? The Old Lyme Children's Learning Center is proud to host the 2018 Homes for the Holidays Tour on Saturday, December 8th from 11 am - 3 pm.

This year's tour promises to put you in the holiday mood, with a self-guided tour of beautifully decorated village homes as well as some other holiday features to enjoy.

We are thrilled to announce that a few local businesses have agreed to open up as a part of our tour, including the Lyme Art Association, The Florence Griswold Museum and the Old Lyme Historical Society.

Home tour participants can use their ticket stub to visit the Florence Griswold Museum that day, as well as get in for free to see their Magic of Christmas display!

The Lyme Art Association will also be open to tour goers to see their stunning Deck the Walls Exhibit.

The Old Lyme High School Select Singers will also perform at the Historical Society, promising to put you all in the holiday spirit.

The Old Lyme Town Hall will host an open Holiday Boutique from 10 am - 4 pm, featuring beautiful, hand-crafted items for sale! Tickets are \$25 in advance, or \$30 at the door and can be purchased at the Old Lyme Children's Learning Center, a non-profit organization which supports families in the local area. To purchase tickets, please call Alison and/or Pat at 860-434-1728, Ext. 1. Please leave a message with your name and number and someone will be in touch to arrange ticket delivery. Tickets are also available through Eventbrite @ olclchometour2018.eventbrite.com.

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The Chester Democratic Town Committee

The Chester Democratic Town Committee (CDTC) strives to bring people from our district together in civil involvement. Election Day is almost upon us! Your voice is important so please vote on Tuesday, November 6th at Chester Town Hall. Polls are open from 6 am to 8 pm.

Please feel free to contact the CDTC for information or assistance with registering to vote, absentee ballots, upcoming candidate events and/or meet and greets, volunteering to assist candidate campaigns or at the polls, or if you need a ride to either the State Senate or State Representative debates, or to the polls on election day. Contact Ed and Peg Meehan by phone at 860-526-2938 or email at emeehanrox@yahoo.com, or Lori Ann Clymas at laclymas@comcast.net or by phone at 860-526-8171.

Join us at the upcoming State Senate and State Representative debates scheduled in our district:

State Senate debate between Democratic candidate Norm Needleman and Republican candidate Melissa Ziobron is on Tuesday, October 16th at Bacon Academy, 11 Norwich Avenue in Colchester, in the auditorium. The event will begin with a meet and greet forum for each candidate from 6:30 pm to 7 pm in the lobby, immediately followed by the senate debate scheduled to conclude at 8 pm.

State Representative debate between Democratic candidate Christine Palm and Republican candidate Bob Siegrist is on Wednesday, October 17th at Valley Regional High School, 256 Kelsey Hill Road, Deep River, in the library from 6:30 pm to 8:30 pm. Light refreshments served and there will be an opportunity to meet the candidates after the debate has concluded.

Lori Ann Clymas, Chair CDTC

Chester's Merchants Thankful for Community Support

As a small, tightly knitted community, Chester comes together to support each other and area businesses, and the merchants and restaurants of Chester are extremely grateful for that support. In that spirit, they have designated all the

activities through the holidays under the theme of "Be Thankful."

After the Halloween Parade and festivities, coordinated by the Chester PTO, the First Friday in November (Nov. 2) is an oppor-

tunity to show thanks. During First Friday activities from 5 pm - 8 pm, merchants will accept canned goods to benefit Hinka's Cupboard, a year-round food pantry in Middletown, Conn.



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The last weekend of November kicks off the holiday shopping season in style, with Black Friday deals on Nov. 23 (the day after Thanksgiving), Small-Business Saturday on Saturday, Nov. 24, and the first Chester Holiday Market on Sunday, Nov. 25.

The “Starry, Starry Night” tree lighting on Friday, Dec. 7, is the highlight of First Friday festivities, and town shops and eateries will feature sales and other activities from 5 pm - 8 pm.

For each week before Christmas and in conjunction with the Chester Holiday Markets scheduled for Sundays on Dec. 2, Dec. 9 and Dec. 16, the Chester merchants will focus on three key themes: Peace, Hope and Love.

A second “Men’s Shopping Night” is also being planned for Thursday, Dec. 13, giving men (and women!) a chance to get some shopping done with store-by-store specials and unique offerings as participating shops stay open until 8 pm.

And mark your calendar for the First Friday in January, Jan. 4, when the merchants plan to host the second “Ladies’ (and Gents’) Sip ’n’ Shop” with great end-of-season sales!

Please follow the Chester merchant page on Facebook at Visit Chester CT for up-to-date information and further details on all the planned activities.

Collomore Concerts Wraps up 45th Season

Several more concerts remain in the 45th season of the Robbie Collomore Concert Series. They will be on Sundays at 5 pm in our Chester Meeting House.

Jazz vocalist René Marie will sweep you off your feet at her Oct. 14 concert. She has been called “one of the more creative female jazz singers on the scene today” by All About Jazz, and Jazz-Times ranks her “among the most dynamic jazz vocalists.”

Young pianist Salome Jordania will perform on Nov. 14. Since she took up piano studies at age seven in her native country, Georgia, she has played recitals throughout Europe and North America, won many competitions and prizes, and is currently in her third year at Juilliard. In Chester, she will play works by Haydn and Chopin and as a special treat the original piano version of Mussorgsky’s “Pictures at an Exhibition.”

Natives of the Ecuadorian Andes, the four Lopez brothers, Fernando, Luis, Bolivar, and Jorge, form the music group Andes Manta, which will perform in Chester on Nov. 25. Playing more than 35 traditional instruments, Andes Manta creates a vibrant and powerful sound, using such instruments as the quena, or Andean flute, and the six-foot-long pan pipes. The brothers performed at a packed Meeting House in 2004, and

continued on page 10

CHESTER TOWN HALL

860-526-0013 • 860-526-0004 FAX

DEPARTMENT	EXTENSION / NUMBER	CONTACT INFO
ADMINISTRATIVE ASSISTANT Jenny Watrous	202	AdminAsst@chesterct.org
ANIMAL CONTROL Jae Wolf	860-388-7082	jwolf@essexct.gov
ASSESSOR Loreta Zdanyk	512	Assessor@chesterct.org
ASSISTANT ASSESSOR Darlene Pollock	512	
BUILDING Ron Rose	207	BldgOfficial@chesterct.org
FINANCE Peter Evankow	215	Finance@chesterct.org
ACCOUNTS CLERK Sharon Echtman	216	
FIRE MARSHAL Richard Leighton	212	FireMarshal@chesterct.org
FIRST SELECTWOMAN Lauren Gister	202	FirstSelectman@chesterct.org
HUMAN SERVICES Rosie Biningner	213	HumanServices@chesterct.org
INFORMATION	202	Info@chesterct.org
INLAND WETLANDS Anna Sweeney	210	InlandWetlands@chesterct.org
PARKS AND RECREATION Elizabeth Netsch	223	ParkRec@chesterct.org
PLANNING AND ZONING Judy Brown	208	ZoningOfficial@chesterct.org
POLICE SERVICES Trooper Matt Ward	860-526-3605	PoliceServices@chesterct.org
PUBLIC LIBRARY Stephanie Romano, Library Director	227	
PUBLIC WORKS DEPARTMENT John Divis, Foreman	860-526-0020	
REGISTRARS OF VOTERS Tracey Ohaus & Leslie Holbrook	211	ChesterRegistrar@chesterct.org
SANITATION Lee Vito	206	Sanitarian@chesterct.org
TAX COLLECTOR Madaline Meyer	513	TaxCollector@chesterct.org
TAX CLERK Kristie Valentino	513	
TOWN CLERK Debra Germini Calamari	510	TownClerk@chesterct.org
ASSISTANT TOWN CLERK Sharon Echtman	510	
TREASURER Elizabeth Netsch	214	Treasurer@chesterct.org
WPCA		wpca@chesterct.org

www.chesterct.org

Collomore Concerts... continued from page 9

the wildly enthusiastic audience has been asking for their return ever since. You can meet the performers at the reception that follows each concert. For more details about

each concert, check the website, www.collomore-concerts.org. The Collomore Concert series is under the auspices of the Chester Historical Society.



Chester Hose Company

Since 1912 the Chester Hose Company has protected the people, homes, and businesses within our community and the surrounding towns. The individuals who make up our team of more than 40 professionally trained volunteers are your neighbors, family, and friends. But did you realize that our members have full time jobs and families, and still manage to train week after week to make our town safe? It takes over 150 hours of classes and practical work alone to become a Firefighter or EMS volunteer. On most Monday nights after 7 pm, you can drive by the firehouse and find us drilling.

As a volunteer department we depend on your contributions to help us assist and protect you. Your donations are essential in supporting our services. Throughout the year we host several fundraisers both independently and along with partners from our community including our Holiday Wreath Sale and the Dunk Tank and Grinder Booth during Chester Fair weekend. We provide medical support at the 4 on the 4th Road race and throughout the duration of Chester Fair weekend. This year we sent a letter asking for your help, while at other times we have been honored to be named a benefactor of an estate or chosen as the recipient of monetary donation. However you choose to support us, we thank you! As a department, we compile a wish list and decide on what items we can afford to purchase with the combined funds from you, our supporters. Nonetheless, the money spent goes towards purchasing valuable lifesaving equipment to help us better serve our community.

While the list is too long and we cannot thank each donor individually in this space, please know how much we appreciate your cards, monetary donations and the occasional personal visits we receive from a patient or homeowner, acknowledging our response to their business or residence. It is through these contributions, that we are able to provide the Chester community with the

highest level of protection and care. Your expression of gratitude in any form is greatly appreciated by our volunteers. Remember the gift of your time is the greatest donation of all, if you are interested in further learning about how you can help your community and becoming a member of The Chester Hose Company Fire, EMS, Fire Police, or Junior family, stop by 6 High Street any Monday night around 7 pm!

The Chester Hose Company Incorporated is pleased to announce that the annual department elections were held during the monthly meeting on July 11th. The membership voted previously to restructure the officer positions and created EMS Chief Officers which were also elected during this meeting. The following individuals were elected to serve The Chester Hose Company for the 2018-2019 year.

Fire Chief—John Brainard
Deputy Fire Chief—James Grzybowski
Deputy EMS Chief—Jim Schaefer
Assistant Fire Chief—Charles Greeney Jr.
Assistant EMS Chief—Sara Blaschik
Battalion Chief—Kim Brainard
Captain—Dylan Grzybowski
Medical Coordinator—Scot Mills
President—Vin Germini
Secretary—Karen Graham
Treasurer—Ben Belisle
Quartermaster—Sylvia Miksa
Steward—Bruce Sypher
Board of Trustees—Chuck Tower (to serve a 3 year term)

We would like to say THANK YOU to all of our members who volunteer their time to protect and serve all those residing and passing through the Town of Chester.



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News from Friends of Chester Library

Hoping for a Teen/Tween Makerspace

Working with the librarians, the Friends have applied for a grant from the Community Foundation of Middlesex County to create a makerspace for tweens and teens. Our dream is to make an area and provide the components where they can work with robotics and stop motion animation. We won't hear the results of our application until the end of the year, but if we are successful, the librarians will set it up in the winter of 2019. Wish us luck!

HOLIDAY BOOK SALE

The Friends of Chester Library once again will host its Holiday Book Sale. It's a great way to purchase gift-quality, new, and like-new books in a wide variety of genres at reasonable prices for your holiday gifts. The sale will open Friday morning, Nov. 30 at the library and will end at the Holiday Market in Chester Center on Sunday, Dec. 2.

Please help us by donating new or like-new books, audiobooks, movies and even games (they need to be gift quality). You can leave them at the library during open hours any time this fall. All proceeds support Chester Library's programs and services.

MORE HOLIDAY SHOPPING IDEAS

How about gift-wrapping your books in a gift book bag? The attractive black bags designed by the Friends of the Library are water-resistant, zippered, and hold at least 4 books (or whatever else you want to carry in them). The cost is \$10 and they're available at the library. The bags were created in memory of Helen LaFlair, longtime Chester resident who was an avid reader and active Chester Library volunteer. Helen's comment, "I'm never alone if I have a book," reflected the companionship provided by her reading materials.

Do you buy online? Amazon will donate .05% of your purchase total to the Friends of Chester Public Library, IF you make your purchases through AmazonSmile. All you need to do is sign up and remember to make your purchases through AmazonSmile (we've found it works best to just bookmark AmazonSmile and use it as the way we regularly get to Amazon). Your account remains just as it has been (no new account number or password to remember), purchasing is the same as always, but a bit of philanthropy is added to the mix. Go to <http://smile.amazon.com>.

HOLIDAY GIVING

Please consider adding the Friends of Chester Public Library to your gift list this year. All donations to the Friends are tax-deductible and are used solely for library needs not paid for by the town budget, such as DVDs, museum passes and programs. This year, for instance, the Friends paid for a

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Friends of Chester Library... continued from page 11

computer for the library director, which she needed but wasn't in the town budget. The Friends are very grateful for any gift in any amount at any time. The Friends can also use your gift of

time – organizing book sales for us, planning a fundraiser, etc. Please leave your name and email address at the library desk if you'd like to help. Thank you!

Chester Historical Society

Today is Tomorrow's History – What's New with Chester Historical Society

The Delaney Estate Sale

The Chester Historical Society will present an estate sale from the longtime historic home of Barbara and Edmund Delaney on Saturday, Oct. 13, from 8 am to 1:30 pm at St. Joseph's Parish Center. You will find antiques, furniture, oriental rugs, prints, paintings, bric-a-brac, and more.

It's particularly fitting that this noteworthy event is being held by the Historical Society because the Delaneys were the founders and past presidents of the organization Commemorating WWI Armistice.

In collaboration with the Deep River and Essex Historical Societies, the Chester Historical Society is commemorating the 100th anniversary of the end of World War I on Sunday, Nov. 4 at 3 pm in the Deep River Town Hall auditorium. We'll be hon-

oring veterans from all wars (WWI – present day) with a concert of patriotic music by the Corinthian Jazz Band accompanied by a slide show of photos of veterans from the tri-town area. The event is free and refreshments will be served. The auditorium is handicapped accessible.

The historical society would like to borrow your photos of your family's veterans from World War I and all wars since. We will scan them into our computer (we'll return them quickly to you) so they can be part of the slide show. Questions? Please email us at chestercthistoricalsociety@gmail.com or call Diane Lindsay at 526-2443. (Also, if your family member was a veteran, but did not live in Chester, we are still interested.)

Visit Chester Museum at The Mill until the end of October, the Museum will be open on Saturdays from 1 to 4 pm and Sundays

from 10 am to 4 pm. We then open the doors for the Friday and Saturday following Thanksgiving Day to allow families and friends to both re-live and learn the Chester history that we share. Admission is free (though donations are welcome!). Come reminisce about "old Chester" with your family. Thanksgiving hours are 10 am to 4 pm on Friday, Nov. 23 and Saturday, Nov. 24. This is also a great time to purchase Chester books and photo cards and DVDs for holiday gift-giving.

Looking for a Volunteer Opportunity?

We can always use help – such as, donating baked goods for an event, hosting at the museum (you don't have to be a Chester history expert!), putting up posters for an event, helping in the archives, assisting with an event (such as the Estate Sale), etc. You can email us at chestercthistoricalsociety@gmail.com or call Cary Hull at 860-558-4701 with questions or ideas.



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Chester Library

Adult Programs

Oct. 11, 18 & 25 - "Writer's Workshop in 3 parts." Local author Susan Strecker will present a 3-part writer's workshop. Part I will be The Seven Elements of Successful Novels, pt. II Sharing Work, Tightening and Cutting, The Art of Dialogue, pt. III The Art of the Perfect Query Letter and Publishing Options. This program is free and will take place at the library, 6:30 p.m. Registration encouraged.

Oct. 24 - "Woman in the Window." Facilitator and discussion leader Marsha Bansavage is back for our fall book discussion. This program will take place at the library from 6:30 to 8:30 pm and is free, but registration is encouraged. Call 860-526-0018 for more information and to register. Books will be available at the library on a first-come, first-served basis.

Nov. 1 - "Healthy Tips through the Holidays." Tracy Livingston, certified holistic health coach, of Tru-Balance Wellness will host an educational health talk to empower the community to be healthier as we navigate through the holiday season. This program is free and is open to the public and will take place at the Town Hall, 6:30 pm.

Nov. 7 - "The Magic of Communication." Former illusionist Greg Dwyer will share secrets on how to create real magic in your life. How one communicates with self and others and how the role communication plays in life is the key to a fulfilled life. Greg will entertain and educate you on the magic of communication and will challenge you to use

your natural abilities to reach your full potential. This program is free and is open to the public and will take place at the Town Hall, 6:30 pm.

Dec. 6 – “Hidden History of Middlesex County.” Local author Bob Hubbard and his wife Kathleen will reveal their unforgettable stories presented in their new book. Copies will be available for purchase. This program is free and is open to the public and will take place at the Town Hall, 6:30 pm.

CHILDREN’S PROGRAMS

Oct. 13 – “Painting Class w/Leif Nilsson.” Leif Nilsson is a Contemporary Connecticut Impressionist painter. His Spring Street Studio and Gallery here in Chester is a staple of the community. We are thrilled to offer our young patrons this unique artistic opportunity of instruction by Leif. The painting class will be “en plein air” at Leif’s studio from 10 am – 12 pm. Registration is required and limited to 12 participants. There is a \$10 materials fee payable in advance to secure your spot.

Oct. 31 – “Haunted Library.” Following Margie’s Trick or Treat for UNICEF show at the United Church of Christ next door, take a ghoulish tour of our library with tricks and treats galore. Visit the library anytime for a treat but the haunted library starts at 5:30 pm.

Nov. 7 – “Wire-Wrapped Crystals.” Discover the healing properties of a variety of crystals and how to wire wrap them for a trendy piece of jewelry. Makes the perfect holiday gift! Program starts at 4:30 pm.

Nov. 28 – “The Nutcracker Ballet.” Children will follow the lead of a costumed Easter, Connecticut Ballet dancer while *The Nutcracker* is read aloud. Please register for ECB’s holiday rendition of their popular Creative Movement Library Series. This event will take place at the Chester Meetinghouse, 4:30 p.m.

Dec. 7 – “Christmas Cookie Decorating.” Visions of sugar-plums danced in their heads...Bring your littles to try their hand at decorating their own sugar cookies. The perfect program for your sweet tooth!

Dec. 19 – “Cozy Cocoa Story Time.” Join Miss Trish for a special holiday story time before bed. Wear your pj’s and drink hot cocoa while you listen to both new and well-loved Christmas books.

Jan. 12 – “A Place Called Hope: Birds of Prey Rehabilitation.” Meet two birds of prey and listen to a bird related story. A Place Called Hope, Inc. is to teach the public how to protect and respect wildlife, in particular Raptors. We are thrilled to share these birds with so many people who truly care and want to learn more.

***Children’s Programs begin at 10:30 am unless specified.

Every Monday – Story Time. (October – December) Miss Trish has so many stories and crafts to share with your little
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Chester Library... continued from page 13

ones! Pumpkin decorating, scarecrow making, turkey creating and snowflake shaping are all on the docket for this fall and winter. All children welcome.

Local Art for All!

Enjoy Workshops, Classes & Exhibits / Upcoming Programs for Connecticut Valley Residents & Beyond:

Autumn Group Gallery Exhibit (Sep.21-Nov 4.), Wire Weaving Jewelry Workshop (Oct. 21), After School Art Classes for Children, (Weekly Dates TBD), Carefree Maple Leaf Gourd Workshop (Oct 28), Acrylic Painting Studio (Weekly Dates TBD), Drawing Classes (Weekly Dates TBD), Hands On How to Photograph Your Artwork Workshop (Nov. 4), Creative Hands - Clay Hand Building Class (Nov. 5-Dec. 3), Autumn Origami Wreath Workshop (Nov. 11), Open Reception of The Holiday Show (Nov. 16), Holiday Show at Spectrum Art Gallery (Nov. 16- Jan. 13), Holiday Wreath Design Workshop (Dec. 9). Spectrum Art Gallery is located at 61 Main St. Centerbrook, CT. Register online at www.spectrumartgallery.org or call 860-663-5593.



Tri-Town Youth Services Is Seeking Volunteers

Tri-Town Youth Services coordinates and provides services dedicated to promoting the positive growth and development of youth and families in Chester, Deep River and Essex. We envision a community where all youth are able to establish strong and positive relationships with family, school, peers, and the broader community- but it takes all of us to get there! A recent survey of middle and high school youth found that only 30% feel that this community values its young people. This surprised us, because like many of you, we believe this is a wonderful place to raise our families. So this year, we will be talking with more youth to understand why and to identify ways to promote more youth engagement throughout the tri-town community. As we gear up for a new year, we invite you to join us in our work to support youth and families. Please consider volunteering with our agency. We have many volunteer opportunities:

Join the Board of Directors

There are currently openings on Tri-Town's Board. We are seeking parent representatives from each of the communities we serve: Chester, Deep River and Essex. Board service includes attendance at one monthly meeting; promoting our community surveys and educational events; and planning new fundraisers to help us thrive!

Become a Tri-Town Ambassador

We would love to have a small team of volunteers who are well-versed in Tri-Town's programs and services and who can

represent the agency at public events, workshops and networking days. Some ambassadors may even like to host private parent night events to meet our staff, learn more about Tri-Town and discuss important topics like social media, substance use prevention or stress management.

Come to a Coalition Meeting

Did you know that 90% of people addicted to alcohol, nicotine or other drugs began using those substances before they were 18 years old? This sobering statistic comes from a comprehensive study of national data conducted by the Center on Addiction at Columbia University. It is so important for our community to understand that the experiences we have as children and teenagers have lasting effects on our brains and on our physical and emotional health throughout our lives.

We invite any community members with a passion for helping people live their best lives, to come to a meeting of the Tri-Town Substance Abuse Prevention Coalition. We host monthly trainings and

conversations for the public. Upcoming topics include: Prevention 101, Teen Alcohol Use and “The Power of Parents” with MADD. A calendar can be found at tritownys.org.

Join the Mentoring Team

An overwhelming amount of research shows that the key to a young person’s success, achievement and resiliency is the presence of at least one caring adult in their lives. More than anything, it is consistent, positive, supportive adult relationships that bring out the best in all of us. Tri-Town is assembling a team of people interested in starting a mentoring program in our area, and expanding our teen mentoring efforts. Join us for planning meetings, work alongside a consultant and help design something that will have a lasting impact on the kids growing up here.

Please contact Allison Abramson for more information about any of these volunteer opportunities. She can be reached at 860-526-3600 or Allison@ttysb.org.

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Chester - Community Listings

CLUBS AND ORGANIZATIONS

- Chester Land Trust..... (860) 526-2775
- Chester Fair (860) 526-5947
- Chester Democratic Town Committee ... www.chesterctdems.com
- Chester Republican Town Committee (860) 398-0690
- Chester Garden Club (860) 526-2998
- Chester Historical Society..... (860) 526-5781
- Chester Merchants Association..... www.visitchester.com
- Lions Club..... deepriverchesterct.lionwap.org
- Deep River and Chester VFW..... (860) 526-3521
- Tri Town Youth Services Bureau (860) 526-3600
- Chester Meeting House..... (860) 526-0013

USEFUL NUMBERS

- Consumer Protection (860) 566-2294
- Community Foundation of Middlesex County (860) 347-0025

LIBRARY

- Chester Public Library (860) 526-0018

POST OFFICE

- Chester Post Office (860) 526-2780

SCHOOLS

- Superintendent of Schools District 4 (860) 526-2417
- Chester Elementary School (860) 526-5797
- John Winthrop Middle School..... (860) 526-9546
- Valley Regional High School (860) 526-5328

WORSHIP SERVICES

- St. Joseph’s Roman Catholic Church (860) 526-5495
- Congregation Beth Shalom - Temple (860) 526-8920
- United Church of Chester..... (860) 526-2697



The Meeting House Players Present

The Meeting House Players are excited to announce their upcoming production of "The Ladies Foursome," Norm Foster's funny, fast-paced and heartwarming story of friendship.

The production opens on Friday, November 2 and continues November 3, 9 & 10, 2018 at the Meeting House located on 4 Liberty Street in Chester.

Three women gather the day following their friend Catherine's funeral for a round of golf in honor of their recently

departed fourth. They are joined by another woman, an old friend of Catherine's with whom the other three are not acquainted and have met only once at the funeral. Over the course of eighteen holes the four women discuss life, love, men, sex, children, careers... and even a bit of golf! As the foursome plays through, secrets unravel, and confessions come to the surface during this hilarious and heart-warming round of golf.

The production will be directed by Chester resident Debbie Alldredge. The acting ensemble boasts a cast of exceptionally talented, local thespians featuring

Nancy Cardone, Sue Kessler, Vickie Blake and Betsy McHaley.

The curtain rises at 7:30 pm on November 2nd, 3rd, & 9th. The November 10th curtain times are at 2 pm and at 8 pm.

Please visit www.TheMeetingHousePlayers.com, or call 860-526-3684 for more information. Or contact TheMeetingHousePlayers@gmail.com. The Meeting House Players is an all-volunteer, not-for-profit community theatre organization. We pursue the theatre arts with the talents and interests of people throughout Connecticut.

Sustainable Chester - Conservation and Energy Fair

Saturday, October 27th 9 am to 1 pm Chester Meeting House

Come to learn what you can do about making Chester more sustainable! How you can do more to conserve and improve our collective environment? Information on composting, rain barrels, native plants, clean water and storm water pollution.

Updates on residential Solar Energy, LED's, more efficient heat pumps, appliances and more! Chester residents can register for a chance to win one of ten free Home Energy Solutions (HES) audits that have resulted in significant energy savings for many Chester households. A representative from CT Home Solutions (authorized HES service provider) will be on hand to answer all your questions. Also, Chester residents can bring four incandescent or CFL light bulbs and receive four 60 watt equivalent LED bulbs free. You will be able to ask a representative from Techniart (same supplier we had at the last swap) all those LED questions you wanted to ask at Home Depot, but could not find anyone with an answer. You will also be able to purchase a wide range of recommended specialty LED's for your home. Your Conservation Commission, Energy Team and newly initiated Sustainable Chester Committee members will be there to answer your questions and provide information on building a thriving, resilient, collaborative and forward looking community. Join us! It will be worth your time! PS. Children are welcome and appreciated. They are the real Sustainable Chester!

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Chester Parks and Recreation

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FALL/WINTER 2018/2019 YOUTH & ADULT PROGRAMS

YOUTH FLAG FOOTBALL: Grades 3 through 6, 3:15-4:15 pm directly following school dismissal on Fridays, September 28, October 5, 12 PLUS a BONUS Wednesday on October 10 at Chester Elementary School. \$10 with Camp Director Tyler Saunders and the Parks and Recreation Camp Staff.

YOUTH FIELD HOCKEY CLINIC: Grades 2 through 8, 5:00-6:15 pm on Wednesdays, September 26, October 3, 10 PLUS a BONUS Friday on October 5 at Chester Elementary School. \$10, \$15 per family with Valley Regional High School Coaches Beth Powers, Randy Netsch and the high school team players.

KARATE: Ages 5 through 15, 5:00-6:00 pm on Mondays, session 1 = September 10, 17, 24, October 1, 8; session 2 = October 15, 22, 29, November 19, 26; session 3 = December 3, 10, 17, January 7, 14; session 4 = January 28, February 4, 11, 25, March 4; session 5 = March 11, 18, 25, April 1, 8; session 6 = April 29, May 6, 13, 20, June 3 at the Chester Town Hall Community Room. \$45 per session payable to the instructor Tammy.

YOGA: All levels welcome, 5:45-6:45 pm on Tuesdays, beginning September 11 through May 21 at the Chester Town Hall Community Room. Attend any class for \$10 per class payable to the instructor Annette Babek. Yoga registration, Yoga poster.

AMERICAN RED CROSS CPR/AED/FIRST AID: Ages 11 through adults, CPR/AED on Wednesday, October 10, 5:30-8:00 pm and/or First Aid Friday, October 12, 5:30-8:00 pm OR both classes in one day on Friday, January 18, 12:45-5:30 pm at the Chester Town Hall Community Room. \$35 for one class, \$45 for both classes.

COUNSELOR-IN-TRAINING: Grades 7 & 8, 2:45-5:00 pm on January 9, 11, 16 and 12:45-5:30 pm on January 18, at the Chester Town Hall Community Room. \$95 includes 8 days of Summer Camp with Waterfront Supervisors and Camp Directors Tyler Saunders and Katie Amara.

AMERICAN RED CROSS BABYSITTER'S TRAINING: Grade 5 through age 15, 8:45am-3:45pm on Friday, March 8 at the Chester Town Hall Community Room. \$45.

ADULT RECREATIONAL BASKETBALL: Ages 16 through adults, 7:00-9:30 pm on Thursdays, beginning November 1 through March 14 excluding school vacation days and school weather cancellations, at Chester Elementary School. \$10 Chester residents, \$15 non-residents.

ROOKIE BASKETBALL CLINIC: Grades k & 1, 3:15-4:15 pm directly following school dismissal on Fridays, January 25, February 1, 8, 22 at Chester Elementary School. \$20 with our certified Interscholastic Athletic Coaches and Camp Directors.

YOUTH BASKETBALL: REGISTRATION DUE OCTOBER 10, grades 2 through 6, November 12 through March 1 with times and days of the week posted as adults volunteer to coach, at Chester Elementary School. \$50 with volunteers Coaches who
continued on page 18



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Parks & Recreation... continued from page 17

apply by October 10 and participate in Coaches Orientation and First Aid training.

BALLROOM DANCING: 6:30-7:30 pm on Mondays, November and December. DATES TO BE DETERMINED, at the Chester Meeting House. Fee payable to the instructor Karen Pfrommer. Call 860-526-0013, x223 or email parkrec@chesterct.org for the scheduled dates!

INTRODUCTION TO MARTIAL ARTS FITNESS: Adults and teens, Mondays, October 1, 8, 15, 22, 29 from 6:00 pm until 7:00 pm in the Chester Town Hall Community Room. Instructor, Tammy Marino is a 6th degree black belt in Shobayashi Shorin-Ryu

Karate, training in the martial arts since 1973. The course includes basic Karate techniques, self-defense awareness, conditioning exercises, non-contact kick boxing skills, target and air shield drills. \$45 per session payable to the instructor Tammy Marino

MARCH MADNESS FOR GRADES K THROUGH 6: Basketball participants and their parents will be held on Friday, March 1, beginning at 5:30 pm!

LACROSSE CLINICS: Grades 2 through 8, look for the schedule after the high school game schedules have been posted, at Chester Elementary School.

Estuary Council Regional Senior Center

220 Main Street, Old Saybrook

A community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years.

SHORELINE CHEF FUNDRAISER

Sunday, September 23 from 3 to 6 pm at Water's Edge in Westbrook. The best chefs on the shoreline cook small plate tastings for you to enjoy. Wine and beer tastings. Contact Heather at 860-388-1611 x210 for ticket information. A benefit for Meals on Wheels, providing hot meals to seniors along the shoreline.

ESTUARY CRAFT FAIR

Saturday, Nov. 17 from 8 am to 1 pm. Local vendors selling their handmade crafts. Jewelers, knitters, doll clothes, ornaments, artwork, and more! Supports meals on wheels.

ESTUARY BINGO

Thursdays at 6:30 pm.



STAND TOGETHER FOR POSITIVE CHANGE.

Did you know that one out of seven students are either a bully or a victim of bullying? And that an estimated 160,000 children miss school each day for fear of intimidation or attack? Mean-spirited behavior is everywhere - the playground, school hallways, the workplace, and more often, online. It is up to each and every one of us to put an end to bullying by learning more about the issues, and the available resources for empowering individuals to stand up for themselves and others.

Help make Middlesex County a bully-free community. Join us as we work together to make each and every community a positive place for change. For more information, call us at the Community Foundation of Middlesex County at 860-347-0025 or go to www.bullyfreemiddlesexcountycf.org.

TAKE THE PLEDGE.

BullyFreeMiddlesexCountyCF.org

IN PARTNERSHIP WITH: Connecticut Association of Schools; Rushford, a Hartford Healthcare Partner; EMPOWER Leadership Sports; The First Tee of Connecticut; DATTCO; iCRV Radio; Donny Marshall; and Renee DiNino, iHeartRadio.



BRAYCE Annual Scholarship Event

Brazilian and American Youth Cultural Exchange

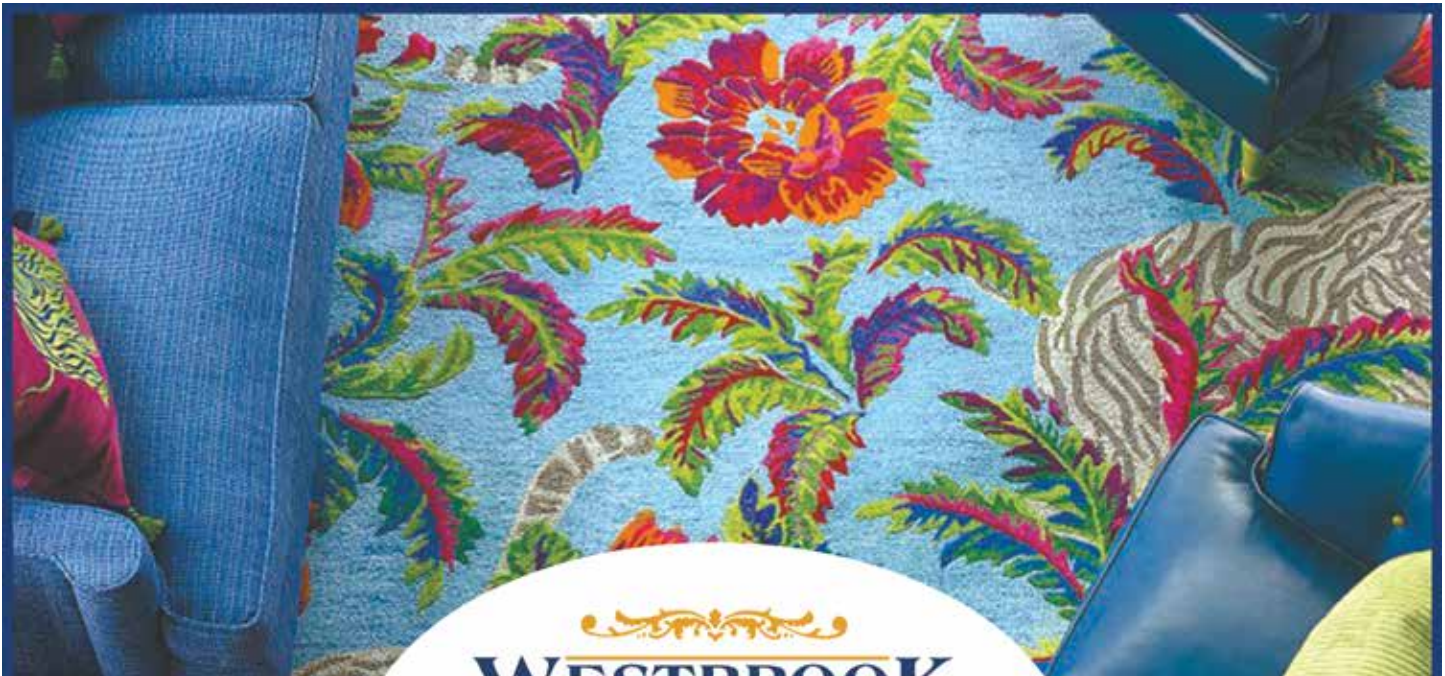


BRAYCE IVORYTON PLAYHOUSE EVENT July 11, 2018

This year's BRAYCE event was an outstanding success with all tickets sold out. Better yet, an enthusiastic, energized crowd totally embracing the four young Brazilians participating in the 2018 Cultural Exchange Program. The event raised over \$17,000, which will significantly impact the scholarship fund for 2019.

The presentation from Claudio Cardoso, one of BRAYCE's 2018 Camp Hazen Leadership (LEA) students as well as the three campers, Thais Marques, Luis Andrade and Felipe Barbosa, was testament to the value and impact of the BRAYCE initiative. The following quote I feel speaks for all Brazilian youngsters who have gone through the Camp Hazen Program.

"My name is Claudio Cardoso. I am 16 years old and I live in Maré, a big and violent favela in Rio de Janeiro. We don't have opportunity there. Thanks to BRAYCE I have an opportunity that change all my life. I was in Camp Hazen in 2017 as a camper. I am here this year inside the Leadership Program. I work with young kids which I love. I learned many important things and lead classes like Conflict Resolution, Communication, Bullying, Guitar, Soccer and other activities. I improve my English a lot. My dream is to join the Marines and make Brazil a better place. The country is not just corruption, violence, drugs, hot girls and soccer. Brazil is culture, music, good kids trying to find their way. I'm very happy, glad and thankful to BRAYCE. You help me to build my future. Thank you for supporting BRAYCE, a small organization that really cares about kids."



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Diabetes and the Eye

Diabetes is a disease that affects your ability to produce or use insulin to effectively control the blood sugar (glucose) levels in your body. Too much glucose in the blood for an extended amount of time can damage many parts of your body, including your eyes.

According to the CDC (Centers for Disease Control and Prevention) about 90% of diabetes related vision loss can be prevented with early detection. Yet a study performed by researchers at Wills Eye Hospital saw that 60% of people with diabetes skip their annual exam needed to preserve their vision. It is imperative that people with diabetes get an annual dilated eye exam because ocular complications due to diabetes may show no signs or symptoms. When blood vessels in the eye's retina swell, leak, or close off, or if abnormal new blood vessels grow, it is called diabetic retinopathy. People who are at a higher risk of developing diabetic retinopathy are those who have diabetes

or poor blood sugar control, women who are pregnant, and people with high blood pressure or high blood lipids. Diabetes can also cause your vision to change even if you do not have retinopathy. If your blood sugar levels change very quickly, it can affect the shape of your eye's lens which causes blurry vision. Your vision usually goes back to normal after your blood sugar stabilizes.

According to the Academy of Ophthalmology, the top 5 steps to help prevent diabetic eye diseases are:

1. Get a comprehensive dilated eye exam from your ophthalmologist at least once a year.
2. Control your blood sugar.
3. Maintain healthy blood pressure and cholesterol levels
4. Quit smoking
5. Exercise

Middlesex Eye Physicians



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Annual Tri-Town Veterans Day Parade



Armistice Day Celebration
 Sunday, November 11 - 1:00 pm
Muster Behind Deep River Elementary School
 All Veterans and Active Duty welcomed. Info 860-204-9473.

Please also join us for a Patriotic Salute - Honoring a Century of Service marking the 100th anniversary of the end of WWI and 100 years of women serving in the U.S. military. Sunday, Nov. 4 at 3 pm / Deep River Town Hall Auditorium. A slide show of photos of tri-town veterans from all wars. Musical accompaniment by Corinthian Jazz Band. Free refreshments. Presented by Chester, Deep River & Essex Historical Societies. Info: 860-558-4701.



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Chester Fife and Drum Corps 1868



And so, ends the celebration for our 150th Anniversary Year. We had an unusually busy year to date with more to come. The Chester Fife and Drum Corps would like to thank the following for their continued support and contributions towards our 150th Anniversary Muster: The Schiller Family, the Sterling Family Day Committee, the American Legion Post 97 Chester CT, the Deep River Chester Lions Club, the Essex Veterans Memorial Hall, the Veterans of Foreign Wars of Old Saybrook, Adams Hometown Market, the Chester Hose Company, the Faulk Marcolini Newman American Legion Post 113 of Old Saybrook CT, and the Chester Agricultural and Mechanical Society.

We would also like to thank all the merchants who provided financial support so that we could have a successful muster:

Essex Savings Bank; Reliable Cleaning and Tailoring; Essex Limousine Service; St. John's Episcopal Church Niantic; Shore Discount Liquors; O'Brien Law Firm; Whelen Engineering; Precious Moments Photography; Company of Fifers and Drummers Store; Buell American Drums; Chatham Historical Society; The Wheatmarket; DBA Chester Bottle Shop; Vickers Herberry; Blackkat Leather; DBA Shop at the Mill House; Moravelas's Italian Pizza; Salt Marsh Opera; East Hampton Fife and Drum Corps; Cooperman Drum Company; Chester Merchants Group; Adams Deep River; Essex Mail Mart; Deep River Hardware; Long Cat Graphics; Middlesex Hospital Primary Care; Town of Chester; L.C. Doane; Essex Veterans Memorial Hall; Olsen's Sanitation; and Lighthouse Printing.

As we commence our 151st year of fifing and drumming, and if you are interested in becoming part of history and joining our corps, please feel free to call me at 860-691-1735.

We are on Facebook; the Town of Chester website and our email address is chester1868@gmail.com.

Just as a reminder, we are neither a Junior nor Senior Corps. We are a family-oriented organization and intend on remaining so. Better yet, come on down and meet the Corps. We practice from 6:30 until 8:00 pm on Thursday at the Chester Elementary School or at North Quarter Park and Cedar Lake (in the summer). Come on down. Hope to see you at a muster or at a parade.

OUR REMAINING 2018 SCHEDULE IS NOTED BELOW

- Oct 7 110th Bridgeport Columbus Day Parade
- Oct 8 Wee Fairy Village Parade at Florence Griswold Museum
- Oct 20 Moodus Muster
- Oct 31 Halloween Parade in Essex with Sailing Masters
- Nov 11 Tri-Town Veterans Day Parade
- Nov 15 Annual Meeting and Election of Officers
- Dec 8 Old Saybrook Torchlight Parade

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Welcome to CRAHD

On behalf of the CT River Area Health District (CRAHD) I would like to welcome all Chester residents.

The Town of Chester joined the CRAHD on July 1st, 2018. The CRAHD is now a five-town health district that provides core public health services to the towns of Clinton, Old Saybrook, Deep River, Haddam and Chester.

CRAHD is responsible for implementing programs and supporting policies that improve the health of its member communities. This includes providing a strong environmental health and code compliance program, targeted public health nursing services, health education and promotion activities, disease tracking and prevention, and public health preparedness planning. The district employs full-time professional staff as well as part-time contractual program professionals. The district is dedicated to carrying out its mission to maximize the highest quality local public health services possible given its current resource level.

The CRAHD is excited to have the wonderful Town of Chester as a member of the district. We urge Chester residents to contact the CRAHD, at 860-661-3300 if they have any public health questions, comments or concerns.

Scott Martinson, MPH, MS, RS, Director of Health

United Church of Chester

Sunday Worship, 10 am - All Are Welcome

Saturday, October 13th, 6 pm: Pot-Roast Supper

Sunday, October 14th, 10 am: Mission Trip Celebration.

Photos and stories from our Mission Trip to South Dakota.

Wednesday, October 31st, 5 pm: Free "Trick or Treat for UNICEF"

Music with Margie for families with young children. Refreshments

as well as optional UNICEF boxes. Costumes optional. (Families

are welcome to walk over to the "Haunted Library" next door

after the show!)

Saturday, November 10th, 7 pm: "Tellabration with Jen Munro!"

author and professional storyteller. Tickets are 100% tax

deductible.

Sunday, November 11th, 11 am: Ring Out for Armistice Day

Sunday, November 18th, 4 pm: Inter-Faith Thanksgiving Service

Sunday, December 16th, 10 am: Children's Pageant and Carol Sing

Sunday, December 23rd, 10 am: A Christmas cantata

"Appalachian Winter", will be performed, directed by

Karli Gilbertson.

Monday, December 24th, 5 pm: Christmas Eve Family Service

Celebrate and sing together. Full choir and Christmas meditation.

The church office at 29 West Main Street can be reached at 860-526-2697. Mon-Thurs 9-1:30, Fri 9-11, email unitedchester@uccchester.org.

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Connecticut Cancer Foundation - John & Jane Ellis by Sigrid Kun

An enduring promise to help Connecticut cancer patients and their families.

The story of John and Jane Ellis is one of love, inspiration and dedication. She says he had the vision. He says she's the angel who does everything. Together, they are strong individuals who never wavered since John made a most solemn promise.

Born in New London, John was a high school standout in football and baseball. He went on to a 13-year major league baseball career. The catcher debuted in 1969 with the New York Yankees (1969-1972), hitting a home run in his first at bat. He also played for the Cleveland Indians (1973-1975) and Texas Rangers (1976-1981).

A routine life insurance examination revealed a spot. He had been a picture of health - jogging 10 miles a day. At age 38, the 1971 Topps All-Star Rookie had Hodgkin's lymphoma. He had already lost a brother, sister and sister-in-law, each to cancer. "Sitting there in the hole, getting your juice, and breaking it down. I made a deal," explains John. "If you let me live, I'm going to do this. I said I'd dedicate my whole life to the needs of the needy."

That was 1987. Together, the couple started a foundation whose mission has remained steadfast - to provide financial assistance to Connecticut cancer patients and their families and to fund cancer research. He is the Chairman/Founder. She is the President and Executive Director. The formula is simple. Many individuals affected by cancer struggle with basic living necessities. The foundation is there to help.

Oncology social workers in Connecticut provide referrals to the foundation. Applications are reviewed each Monday, with grants made within a week - an unheard of turnaround. If there is an emergency, they will do what they can right away. "It's all local. "You know where the money is going and that makes us unique," notes Jane. To date, the foundation has provided almost \$6 million in financial assistance to CT families and over \$2 million to lymphoma research. A \$7 million endowment ensures its future.

Their signature fundraiser is an annual celebrity dinner first held in 1988 at the Groton Motor Inn. Mickey Mantle, Whitey Ford and Billy Martin were there. "It was like a group of friends, getting together and telling stories," relates Jane. "It was special." The event raised \$100,000. At the end of the evening, Mickey observed "I hope this foundation goes on forever."

The event has grown markedly and is now hosted by a key corporate partner, Mohegan Sun. The next celebrity dinner will be held on February 8, 2019. The list of attendees are a testament to the relationships/trust that the couple forged over the years: Don Zimmer (who once released John), Yogi Berra, Derek Jeter, David Ortiz, Hank Aaron, Carl Yastrzemski, Joe Torre, Reggie Jackson, Mariano Rivera, and Roger

Left, John and Jane Ellis. Below, from the left, Derek Jeter, Didi Gregorius, Tommy Kahnle and David Robertson attending the 2018 Celebrity Dinner at Mohegan Sun.



New location, right, at 15 North Main Street in Old Saybrook.



Clemens. There are new fundraising initiatives: Cycle Against Cancer, the Fishing Against Cancer tournament, and a Speakers Program.

The foundation recently (July 2017) opened its new location at 15 North Main Street in Old Saybrook. Every aspect of the new facility focuses on the foundation's mission. There is a Hall of Fame. "It's a museum piece," says John. "A tribute to some of the wonderful baseball players who helped literally to build the foundation." There is an art gallery to hold exhibits benefitting the foundation. In fact, the inaugural art gallery exhibition (Horses: In Harmony) takes place from September 28 to October 26. "It's the infrastructure for the next 30 years," says Jane.

John and Jane have assembled plenty of stories. John laughs over that second celebrity dinner when Joe DiMaggio wouldn't sign memorabilia Whitey Ford brought along for him to sign. Yogi Berra successfully intervened. And then there was a single mother whose child was suffering from a rare cancer. "I'll never forget that for the rest of my life," recounts Jane. "They were homeless. She didn't know how to feed her children that evening. We gave her \$2,000. That gave her hope. We continued to help her. We got furniture... I had John schlep it all in his truck."

Thirty years ago, the couple wondered if they'd still be needed. Surely, cancer would be beaten already. "Our mission is more relevant today than 30 years ago," explains Jane. "Everyday expenses...it's so much more expensive to live. Our help is needed more than ever." "There's plenty of work here," adds John. "We look forward to making sure the foundation goes on and on."

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